# SIZING 8 MEASUREMENTS SS18 

Use the chart below to determine your size. If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit. If your measurements for chest and waist correspond to two different suggested sizes, order the size indicated by your chest measurement.

## HOW TO MEASURE YOURSELF



MEN


WOMEN

## A. CHEST

Wrap a tape measure evenly around the fullest part around the chest under your arms.

## B. WAIST

Wrap a measure tape around your natural waistline.

## C. SHOULDER AND SLEEVE LENGTH

Measure from the lowest part of the neck, over the tip of the shoulder and down the outside of the arm, past the elbow and to the wrist. Keep the arm slightly bent.

## D. SEAT

Standing with your feet together, measure around the fullest part of your hips.


JUNIOR


## E. INSIDE OF LEG

Standing with your feet together, measure from the crotch all the way down to the floor. Don't forget to stand as straight as possible. You may have to ask a friend to help you.

## F. LENGTH

The total length of your body.

MEN

| SIZE | XS | S | M | L | XL | XXL | 3XL | 4XL |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| A Chest (cm) | 87 | 93 | 99 | 105 | 111 | 119 | 127 | 135 |
| B Waist (cm) | 75 | 81 | 87 | 93 | 99 | 107 | 115 | 123 |
| D Seat (cm) | 89 | 95 | 101 | 107 | 113 | 121 | 129 | 137 |
| C Shoulder+ <br> Sleeve lenght (cm) | 78 | 80 | 82 | 84 | 86 | 88 | 90 | 92 |
| E Inside of leg (cm) | 82 | 84 | 86 | 88 | 90 | 92 | 94 | 96 |
| F Length (cm) | 172 | 176 | 180 | 184 | 188 | 192 | 196 | 200 |

## WOMEN

| SIZE | XS | S | M | L | XL | XXL | 3XL | 4XL |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| A Chest (cm) | 82 | 88 | 94 | 100 | 106 | 114 | 122 | 130 |
| B Waist (cm) | 64 | 70 | 76 | 82 | 88 | 96 | 104 | 112 |
| D Seat (cm) | 90 | 96 | 102 | 108 | 114 | 122 | 130 | 138 |
| C Shoulder+ <br> Sleeve lenght (cm) | 71 | 72,5 | 74 | 75,5 | 77 | 78,5 | 80 | 81,5 |
| E Inside of leg (cm) | 79 | 81 | 82 | 84 | 85 | 87 | 88 | 90 |
| F Length (cm) | 164 | 167 | 170 | 173 | 176 | 179 | 182 | 185 |

## JUNIOR

| SIZE | $122 / 128$ <br> 6-8 yrs 48-50 | $\begin{aligned} & 134 / 140 \\ & 8-10 \text { yrs } 53-55 \end{aligned}$ | 146/152 <br> 10-12 yrs 57-60 | 158/164 <br> 12-14 yrs 62-65 |
| :---: | :---: | :---: | :---: | :---: |
| A Chest (cm) | 64 | 70 | 76 | 82 |
| B Waist (cm) | 58 | 62 | 65 | 69 |
| D Seat (cm) | 69 | 75 | 81 | 87 |
| C Shoulder+ Sleeve lenght (cm) | 51,5 | 57 | 62 | 68 |
| E Inside of leg (cm) | 59 | 66 | 72 | 77 |
| F Length (cm) | 128 | 140 | 152 | 164 |

## SOCKS

| JR | $22 / 24$ <br> $(1-2$ yrs $)$ | $25 / 27$ <br> $(2-4 y r s)$ | $28 / 30$ <br> $(4-6$ yrs $)$ | $31 / 33$ <br> $(6-8 y r s)$ | $34 / 36$ <br> $(8-10 y r s)$ |
| :--- | :--- | :--- | :--- | :--- | :--- |
| UNISEX | $34 / 36$ | $37 / 39$ | $40 / 42$ | $43 / 45$ | $\mathbf{4 6 / 4 8}$ |

